

Central Bedfordshire
Health and Wellbeing Board

**Contains Confidential
or Exempt Information** No

Title of Report Annual Director of Public Health Report

Meeting Date: 2 October 2014

Responsible Officer(s) Muriel Scott, Director of Public Health

Presented by: Mei-Li Komashie, Public Health Registrar

Action Required:

1. To note the issues surrounding mental health and wellbeing in Central Bedfordshire and to consider the recommendations and suggested actions to improve mental health and wellbeing.
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Executive Summary

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| 1. | <p>Good mental health and resilience are fundamental to our physical health, relationships, education, training, work and to achieving our potential. Poor mental health is also common; at least one in six people will experience a mental health problem in any one year and mental health illness is the leading cause of long term absence from work.</p> <p>The Annual Report of the Director of Public Health focuses on mental health and wellbeing and identifies where action should be taken in Central Bedfordshire.</p> |
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Background

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| 2. | <p>The Director of Public Health produces an annual report which is a statutory duty. This paper presents the Annual Director of Public Health Report 2014. This report increases awareness about the consequences of poor mental health and illustrates the widespread negative impact on individuals, families, society and the economy. This report details the local need, the services available and makes recommendations to improve mental health and wellbeing.</p> |
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Detailed Recommendation	
3.	<p>The recommendations are:</p> <p><i>To increase mental health and wellbeing in children and young people by:</i></p> <ul style="list-style-type: none"> • Ensuring excellent maternal mental health. • Helping children become more resilient. • Increasing identification of children who are at risk of poor mental health earlier and ensuring that they have access to appropriate services. <p><i>To increase mental health and wellbeing in adults and older people by:</i></p> <ul style="list-style-type: none"> • Improving the physical health of those with mental health illness by ensuring good access to healthy lifestyle support. • Supporting employers to participate in Workplace Health initiatives and to signpost to relevant resources. • Increasing understanding of mental health and wellbeing and reducing the stigma of mental ill health.
4.	<p>The recommendations chosen will have a significant impact on improving mental health and wellbeing of the population, focus on early intervention and prevention and are achievable through maximising the use of resources already within the system.</p>

Issues	
Strategy Implications	
5.	<p>This report is in line with the current Joint Health and Wellbeing Priorities of “Improving child and adolescent mental health” and “Maximising adult mental health”. This report is also in line with the proposed Joint Health and Wellbeing Strategy refresh priority of “Ensuring Good Mental Health and Wellbeing at every age”.</p>
6.	<p>The proposals are also aligned to:</p> <p>BCCG Bedfordshire Plan for Patients 2014-2016 BCCG Mental Health Strategic Objectives 2013-2016</p>

Governance & Delivery		
7.	<p>Implementation of the recommendations will assured through:</p> <ul style="list-style-type: none"> • Performance review meetings with providers antenatal and postnatal care to ensure targets around maternal mood assessment are being met and monitoring the follow up of women who have been identified by these assessments. • Contract monitoring of Child and Adolescent Mental Health Services to ensure that appropriate support is given to train Tier 1 providers of mental health services and to deliver Tier 2 CAMHS in a timely and effective manner. • Performance review and contact negotiation for services involved with parents or carers with mental health illness, substance misuse or domestic violence issues to ensure a whole family approach. • Ensuring that non-mental health service professionals who come in contact with children and young people who are at higher risk of mental ill health are trained to recognise early signs of illness and are supported by Tier 2 mental health services. • Mental Health awareness will be increased through the publication of the report and the inclusion of mental health in BCCG Plan for Patients and the Joint Health and Wellbeing Strategy. 	
Management Responsibility		
8.	The progress will be monitored as described in the processes in Paragraph 7 and will be reported in the Annual Director of Public Health Report 2015.	
Public Sector Equality Duty (PSED)		
9.	The PSED requires public bodies to consider all individuals when carrying out their day to day work – in shaping policy, in delivering services and in relation to their own employees. It requires public bodies to have due regard to the need to eliminate discrimination, harassment and victimisation, advance equality of opportunity, and foster good relations between in respect of nine protected characteristics; age disability, gender reassignment, marriage and civil partnership, pregnancy and maternity, race, religion or belief, sex and sexual orientation.	
	Are there any risks issues relating Public Sector Equality Duty	No
No	Yes	<i>Please describe in risk analysis</i>

Risk Analysis

Briefly analyse the major risks associated with the proposal and explain how these risks will be managed. This information may be presented in the following table.

Identified Risk	Likelihood	Impact	Actions to Manage Risk

Source Documents	Location (including url where possible)
Central Bedfordshire Joint Strategic Needs Assessment	http://www.centralbedfordshire.gov.uk/healthand-social-care/jsna/default.aspx

Presented by Mei-Li Komashie